

TWO YEAR LIMITED WARRANTY

(Valid in USA only)

HoMedics, Inc., guarantees this product free from defects in material and workmanship for a period of two years from the date of original purchase, except as noted below.

This HoMedics product warranty does not cover damage caused by misuse or abuse; accident; the attachment of any unauthorized accessory; alteration to the product; or any other conditions whatsoever that are beyond the control of HoMedics. This warranty is effective only if the product is purchased and operated in the USA. A product that requires modification or adaptation to enable it to operate in any country other than the country for which it was designed, manufactured, approved and/or authorized, or repair of products damaged by these modifications is not covered under warranty. HoMedics shall not be responsible for any type of incidental, consequential or special damages. All implied warranties, including but not limited to those implied warranties of fitness and merchantability, are limited in the total duration of two years from the original purchase date.

To obtain warranty service on your HoMedics product, either hand deliver or mail the unit and your dated sales receipt (as proof of purchase), postpaid, along with check or money order in the amount of \$5.00 payable to HoMedics, Inc. to cover handling.

Upon receipt, HoMedics will repair or replace, as appropriate, your product and return it to you, postpaid. If it is appropriate to replace your product, HoMedics will replace the product with the same product or a comparable product at HoMedics' option. Warranty is solely through HoMedics Service Center. Service of this product by anyone other than HoMedics Service Center voids warranty.

This warranty provides you with specific legal rights. You may have additional rights which may vary from state to state. Because of individual state regulations, some of the above limitations and exclusions may not apply to you.

For more information regarding our product line in the USA, please visit: www.homedics.com

Mail To:

HoMedics
Service Center Dept. 168
3000 Pontiac Trail
Commerce Township, MI
48390

e-mail:
cservice@homedics.com

HeatWave™

Thermal Massager



**Instruction Manual and
Warranty Information**

RF-101

IMPORTANT SAFEGUARDS

WHEN USING ELECTRICAL PRODUCTS, ESPECIALLY WHEN CHILDREN ARE PRESENT, BASIC SAFETY PRECAUTIONS SHOULD ALWAYS BE FOLLOWED, INCLUDING THE FOLLOWING:

READ ALL INSTRUCTIONS BEFORE USING

DANGER—TO REDUCE THE RISK OF ELECTROCUTION:

- ALWAYS unplug the appliance from the electrical outlet immediately after recharging.
- DO NOT reach for an appliance that has fallen into water. Unplug it immediately.
- DO NOT use while bathing or showering.
- DO NOT place or store appliance where it can fall or be pulled into a tub or sink. DO NOT place in or drop into water or other liquid.

WARNING - TO REDUCE THE RISK OF BURNS, ELECTROCUTION, FIRE OR INJURY TO PERSONS:

- An appliance should NEVER be left unattended when plugged in. Unplug from outlet when not in use and before putting on or taking off parts or attachments.
- Close supervision is necessary when this appliance is used by, on or near children, invalids or disabled persons.

Caution:
In case of pregnancy, diabetes, pacemaker use, illness or any medical condition, consult your doctor before using massager.

Caution:
All servicing of this massager must be performed by authorized HoMedics service personnel only.

- DO NOT use outdoors.
- Use this appliance only for its intended use as described in this manual. DO NOT use attachments not recommended by HoMedics; specifically any attachments not provided with the unit.
- NEVER operate this appliance if it has a damaged cord or plug, if it is not working properly, if it has been dropped or damaged, or dropped into water. Return it to HoMedics Service Center for examination and repair.
- Keep cord away from heated surfaces.
- NEVER block the air openings of the appliance or place it on a soft surface, such as a bed or couch, where the air openings may be blocked. Keep air openings free of lint, hair, etc.
- NEVER use while sleeping or fall asleep while using the massager.
- NEVER drop or insert any object into any opening.
- DO NOT operate where aerosol (spray) products are being used or where oxygen is being administered.
- DO NOT use on or near eyes or other highly sensitive areas.
- DO NOT operate under blanket or pillow. Excessive heating can occur and cause fire, electrocution or injury to persons.
- DO NOT use the massager directly on one concentrated area of the body. Massagers are designed to be used in a continuous motion, constantly changing the massage area.
- To disconnect, turn all controls to the "OFF" position, then remove plug from outlet.
- DO NOT carry this appliance by supply cord or use cord as a handle.

SAVE THESE INSTRUCTIONS

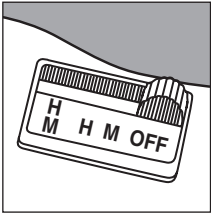
Caution: Please read all instructions carefully before operating.

- If you have any concerns regarding your health consult your doctor before using this product.
- In case of pregnancy, diabetes, pacemaker use, illness or any medical condition, consult your doctor before using massager.
- NEVER leave the appliance unattended, especially if children are present.
- NEVER cover the appliance when it is in operation.
- DO NOT use this product for more than 15 minutes at a time.
- Extensive use could lead to the product's excessive heating and shorter life. Should this occur, discontinue use and allow the unit to cool before operating.
- NEVER use this product directly on swollen or inflamed areas or skin eruptions.
- This product is a non-professional appliance designed to provide soothing massage to worn muscles. DO NOT use this product as a substitute for medical attention.
- DO NOT use this product before bed. The massage has a stimulating effect and can delay sleep.
- NEVER use this product while in bed.
- This product should NEVER be used by any individual suffering from any physical ailment that would limit the user's capacity to operate the controls.
- This unit should not be used by children or invalids without adult supervision.

Instructions for Use

To reduce the risk of electric shock, this appliance has a polarized plug (one blade is wider than the other). This plug will fit into a polarized outlet only one way. If the plug does not fit fully into the outlet, reverse the plug. If it still does not fit, contact a qualified electrician to install the proper outlet. DO NOT change the plug in any way.

- This massager is powered by and comes equipped with a UL approved cord. Always make sure unit is set to the "OFF" position before inserting plug into a 120 volt household electrical outlet.
- To add an attachment to the unit's head, simply push the attachment onto the head. To remove an attachment, gently pull the attachment from the head.
- To turn unit on, simply slide the selector switch, located along the top of the unit's handle, to the desired setting. To turn off, slide selector switch to the "OFF" position.
- Apply massager head lightly to the area you wish to treat.
- Move the unit slowly, either in a circular or back and forth motion. Treat the area for a short period of time and move to another area. Never treat the same spot longer than 3 minutes. CAUTION - as stated in the "IMPORTANT SAFETY INSTRUCTIONS" section of this manual, never use this appliance on or near eyes or other highly sensitive areas.
- Operation of longer than 15 minutes is not recommended and may cause overheating.
- When treatment is completed, turn unit "OFF", unplug the power supply and store properly in a dry place.



HOW TO USE

- Turn hand massager on with the convenient three position switch that lets you choose heat only, massage only, or heat with massage.

HEAT WITH MASSAGE (HM)

Prior to using the heat function, detach any plastic attachments. DO NOT use the heat function with plastic attachments. Simply switch to "HM" (Heat and Massage) and enjoy the unique combination of penetrating heat with vibrating massage.

HEAT ONLY (H)

Prior to using the heat function, detach any plastic attachments. DO NOT use the heat function with plastic attachments. BEFORE using unit on HEAT, check the temperature of the heat plate. You can control the amount of heat you desire by switching unit from Off to On periodically.

MASSAGE (M)

Four convenient attachments make it possible to choose the right massage for each part of your body. Simply place the attachment you have selected over the heat plate of the massager. Use the massager where ever you need or want it-on arm, legs, back, thighs, neck, shoulders. Although the massager may be applied through clothing, it is most effective when used directly on the body.

Attachment Uses:

- Acupoint Massage - Concentrated massage to specific areas
- Gentle Body Massage - Calming massage action
- Scalp Massage - Stimulating and Invigorating
- Facial Massage - Soft, soothing massage action

Maintenance

TO CLEAN:

Be sure to unplug the unit and allow it to cool before cleaning. Use a soft, slightly damp cloth to wipe. Never allow water or any liquids to come into contact with the handle.

TO STORE:

Unplug the appliance from the outlet and allow it to cool before storing in its box or a clean, dry place. Do not wrap the powercord around the unit. This can cause the cord to wear and break. Do not hang the unit by the powercord.

HeatWave™

Thermal Massager



Acupoint
Massage



Gentle Body
Massage



Scalp
Massage



Facial
Massage