Hi, I hope you enjoy your SoundSpa On-The-Go!

TIMER 1
SOUND 2
VOLUME DOWN 3
VOLUME UP 4

HOW TO INSTALL BATTERIES:
Make sure the unit is turned OFF.
Locate the battery cover. Use a coin to loosen the screw.
Remove the battery compartment door and the exhausted batteries (if applicable).
Install 3 new AAA batteries, following the diagram inside the battery compartment.
Replace the battery compartment door and tighten the screw to secure.

NOTE: We recommend using alkaline batteries for longer battery life.
NOTE: When sounds become flat or stop, it is time to charge the batteries.

LISTENING TO THE SOUNDS:
Press and hold the sound button (2) for 2 seconds to turn ON.
Press the sound button (2) again to switch sounds and select the one you wish to listen to.
NOTE: When the unit is turned on, it will always default to the last sound used.
To adjust the volume, press the + button or - button to your desired level.
Press and hold the sound button (2) for 2 seconds to turn OFF.

USING THE AUTO TIMER:
When the power is on and you are listening to a sound, you may set the timer so that the unit will automatically turn off after 30 minutes.
Press timer button (3). The LED timer indicator will illuminate.