TWO YEAR LIMITED WARRANTY
(Valid in USA only)

HoMedics, Inc., guarantees this product free from defects in material and workmanship for a period of two years from the date of purchase, except as noted below.

This HoMedics product warranty does not cover damage caused by misuse or abuse; accident; the attachment of any unauthorized accessory; alteration to the product; or any other conditions whatsoever that are beyond the control of HoMedics. This warranty is effective only if the product is purchased and operated in the USA. A product that requires modification or adaptation to enable it to operate in any country other than the country for which it was designed, manufactured, approved and/or authorized, or repair of products damaged by these modifications is not covered under warranty. HoMedics shall not be responsible for any type of incidental, consequential or special damages. All implied warranties, including but not limited to those implied warranties of fitness and merchantability, are limited in the total duration of two years from the original purchase date.

To obtain warranty service on your HoMedics product, either hand deliver or mail the unit and your dated sales receipt (as proof of purchase), postpaid, along with check or money order in the amount of $10.00 payable to HoMedics, Inc. to cover handling.

Upon receipt, HoMedics will repair or replace, as appropriate, your product and return it to you, postpaid. Warranty is solely through HoMedics Service Center. Service of this product by anyone other than HoMedics Service Center voids warranty.

For more information regarding our product line in the USA, please visit:
www.homedics.com

Mail to:
Consumer Relations
HoMedics
Service Center Dept. 1683
3000 Pontiac Trail
Commerce Township, MI 48390

e-mail: cservice@homedics.com

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IB-BK-300-A
Turn any seat into your personal masseur.

Thank you for purchasing Back Therapist, the 5-motor seat massager by HoMedics. This, like all of HoMedics’ products, is built with high-quality craftsmanship and comes backed by our two-year limited warranty. Back Therapist is guaranteed to provide you soothing massage relief for years to come.

HoMedics is dedicated to bringing you better health through innovation. However, you should never substitute this, or any other manufacturer’s massager, for professional medical attention. Persistent ailments and symptoms could indicate a more serious condition.

Back Therapist Features
• 5 powerful motors to massage away stress from your shoulders down to your thighs.
• Soothing heat to ease stiffness in your lower back.
• Customization that allows you to massage all or any combination of 3 massage zones at 3 intensities.
• 120 volt AC home adapter and 12 volt auto adapter for a massage at your home, in your office or on the road.
• Easy-to-use controller that puts all massage functions at your fingertips.
• Unique strapping system that fastens Back Therapist to most chairs and auto seats. Elastic bands and convenient hooks are provided in the bag attached to the bands.

Important Notice
Unit hand control must be in the OFF position before plugging the adapter into the wall outlet. If you experience any type of distortion or interference when turning the unit to the ON position, immediately turn the unit off. Wait a few seconds before turning the unit on and distortion/interference should be eliminated.

Caution – Please read all instructions carefully before operating.
• If you have any concerns regarding your health, consult your doctor before using Back Therapist.
• Individuals with pacemakers should consult a physician before using this product.
• If you experience pain in a muscle or joint for a prolonged period of time, discontinue use of Back Therapist and consult your doctor. Persistent pain could be a symptom of a more serious condition.
• We recommend using this unit for no longer than 30 minutes at a time. Extensive use could cause the product to overheat. Should this occur, discontinue use and allow the unit to cool before operating.

Important Safety Instructions
As with all electrical appliances, basic safety precautions must be practiced, as follows:
• Use this appliance only for its intended use as described in this manual.
• Close supervision is necessary when this appliance is used by people with mental or physical disabilities.
**Instructions for Use**

**For Use in Home or Office**
Plug adapter into a 120 volt AC outlet and plug the receptacle end into the input jack, located along the side of the cushion. Attach Back Therapist to your chair for a luxurious massage as you read, rest or even work.

**For Use in Your Car**
Simply plug the 12 volt auto adapter into a cigarette outlet and plug the receptacle end into the input jack, located along the side of the cushion. Slip Back Therapist’s straps over your seat to enjoy a relaxing massage as you drive.

**Strapping System**
Back Therapist incorporates a unique strapping system which allows you to fasten it to most any chair or auto seat. Just slip the straps over the seat or chair and adjust the convenient hooks to fit. Your massager won’t slip or slide away.

**Maintenance**

**To Store** Place massager in its box or a safe, dry, cool place. Avoid contact with sharp edges or pointed objects which might cut or puncture the fabric surface. To avoid breakage, do not wrap the power cord around the unit. Do not hang the unit by the controller cord.

**To Clean** Unplug the unit and allow it to cool before cleaning. Clean only with a soft, slightly damp sponge. Never allow water or any other liquids to come into contact with the unit.
- Do not immerse in any liquid to clean.
- Never use abrasive cleaners, brushes, gasoline, kerosene, glass/furniture polish, paint thinner to clean.
- Do not attempt to repair Back Therapist massager. There are no user serviceable parts. For service, send the unit to the HoMedics address listed in the warranty section.

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**Caution:**
All servicing of this massager must be performed by authorized HoMedics service personnel only.

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**Pressure Activated Switch**
Heat will not operate unless pressure is applied to this switch, located on the seat bottom of the unit. Once pressure is removed, heat will turn off. After applying pressure, please allow 5-10 minutes for heat to reach maximum temperature.
On/Off Massage Strength
Before connecting power source, be sure ON/OFF controls are in the OFF position. Back Therapist gives you three options of massage strengths: low (L), medium (M) and high (H). To change the strength of your massage, simply slide the button to the corresponding position.

Targeted Massage Buttons
Zone buttons activate motors to massage specific areas: shoulders, back and thighs. Customize your massage by choosing one specific area or any combination of areas. To select a massage area, simply slide the button to the right and the corresponding L.E.D. light will illuminate. To deselect, simply slide the button to the left and the corresponding L.E.D. light will turn off.

Power Adapters
Back Therapist is powered by a custom 120 volt AC home adapter, and 12 volt DC auto adapter (cigarette lighter plug-in style). Both are included with your unit.

Heat
Soothing, penetrating heat in the lower back region is activated by sliding this button to the right.

Note: When selecting the heat feature with massage action, there will be a slight decrease in the strength of the massage output. This adjustment is perfectly normal and should not be interpreted as a defect.